



# COCKLE ISLAND BOAT CLUB



## NOTICE OF RACE

**This Notice of Race (NoR) applies to  
all C.I.B.C. events  
with the exception of the Annual Regatta.**

### 1. RULES

Racing is governed by the rules as defined in the Racing Rules of Sailing (RRS). The prescriptions of the RYA will apply.

### 2. SAILING INSTRUCTIONS

- 2.1 The Sailing Instructions (SIs) will be available on the Cockle Island Boat Club website at [www.cockleislandboatclub.com/downloads](http://www.cockleislandboatclub.com/downloads)
- 2.2 Any change to the Sailing Instructions will be posted on the Official Notice Board (ONB) at least two hours before the start of a race.

### 3. OFFICIAL NOTICE BOARD

The ONB is located at 'www.cockleislandboatclub.com/noticeboard' and on WhatsApp.

### 4. COMMUNICATION

Communication between the Race Committee and competitors will be by radio on Channel 77. This includes the course, the port/starboard hand, the start timings and any other necessary information. A listening watch should, therefore, be kept on Channel 77.

### 5. ELIGIBILITY

The series of races are open to all boats holding appropriate YTC certificates.

### 6. HANDICAPS

- 6.1 Boats will race under handicaps assigned by the Sailing Committee and, initially, will be based on their YTC.
- 6.2
  - a The **Wrinklies Series** and the **Wrinklies Glenarm Race** will be **White sail only** and will start the season on their YTC handicaps and following each race there will be adjustments to produce a rolling handicap for use in the subsequent Wrinklies race.
  - b The **Crowe Cup Series**, the **Late Series**, the **Pursuit Race** and the **Ladies' Race**, are **White sail only** and the YTC handicaps will be adjusted during the season.
  - c The **Round the Lough Race**, the **Round the Islands Race** and the **Portpatrick Race** will be **Unrestricted** and spinnakers may be used but additional handicaps will be applied. Competitors shall declare the use of a spinnaker to the Race Officer at the end of the race.
- 6.3 A boat joining a fleet during the season will, initially, use their YTC.
- 6.4 Any query about an assigned handicap should be addressed in writing to the Sailing Committee.

### 7. SCHEDULE

Races will be as set out in the Summer Programme and results will be posted on the CIBC Facebook Page and on the 'Results' section of the CIBC website ([www.cockleislandboatclub.com/results](http://www.cockleislandboatclub.com/results)).

### 8. PERSONAL FLOATATION DEVICES

All boats shall carry Personal Floatation Devices (PFDs) for each person on board, to comply with ORC safety regulations. It is recommended that each crew member should wear a PFD at all times when afloat. For the Round the Islands and Portpatrick Races a PFD shall be worn by each crew member at all times while racing.

### 9. COURSES

- 9.1 The course to be sailed will be designated by the Race Officer (who shall normally be afloat) and advised to competitors on Channel 77. The port or starboard hand and any other appropriate information will also be advised. (see NoR 4).
- 9.2 The courses for the Wrinklies, the Crowe Cup, the Ladies Race, the September Series and the Pursuit Races will be chosen from those shown in Appendix A.
- 9.3 The courses for the Glenarm Race and the Round the Lough Race will be chosen from those shown in Appendix B.
- 9.4 The course for the Portpatrick Race will be as set out in **Appendix C**.

## 10. RACING AREA

The Racing Area will be to the North of Groomsport.

## 11. SCORING

Boats starting and finishing a race and which have not retired or been disqualified, shall score points as follows:- First 5 points; Second 4 points; Third 3 points; Fourth 2 points; and all finishing boats 1 point. This changes RRS Appendix A4.

## 12. RISK STATEMENT

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.'

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the racing, each competitor agrees and acknowledges that:-

- a They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in each regatta;
- b They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- c They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d Their boat is in good order, equipped to sail in the regatta and they are fit to participate;
- e The provision of a race management team, patrol boats and other officials and volunteers by the regatta organiser does not relieve them of their own responsibilities;
- f The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.

## 13. INSURANCE

By participating in a race each boat owner certifies that their boat has valid third party liability insurance of three million pounds sterling.

## 14. PRIZES

Normally prizes will be awarded for the first, second and third placed boats in each of the following race/series and the winner will be presented with the appropriate trophy at the Annual Prize-giving Dinner.

Crowe Cup Series - Crowe Cup  
Ladies races - Ladies cup  
Off Shore Races - Portpatrick Offshore Passage Crystal  
Off Shore racing - Glenarm Foster Cup  
Pursuit Race - Pursuit Race Cup

Round the Lough Races - The McGuffie Cup  
Round the Islands Races - The Island Cup  
Wrinklies Races - Wrinklies Cup  
Late Series

The ENDEAVOUR TROPHY is awarded annually by the Sailing Committee to the skipper of a boat who, in their opinion, has, throughout the summer sailing programme, exhibited a good level of enthusiasm, participation and generally epitomises those who, although unlikely to gain line honours, none the less do their best and thereby are an example and encouragement to other skippers.



# COCKLE ISLAND BOAT CLUB



## SAILING INSTRUCTIONS

These Sailing Instructions (SIs) apply to  
all C.I.B.C. events  
with the exception of the Annual Regatta.

### 1. RULES

Racing is governed by the rules as defined in the Racing Rules of Sailing (RRS). The prescriptions of the RYA will apply.

### 2. SAILING INSTRUCTIONS

2.1 The Sailing Instructions (SIs) will be available on the Cockle Island Boat Club (CIBC) website at [www.cockleislandboatclub.com/downloads](http://www.cockleislandboatclub.com/downloads).

2.2 Any change to the Sailing Instructions will be posted on the Official Notice Board at least two hours before the start of a race.

### 3. OFFICIAL NOTICE BOARD

The Official Notice Board (ONB) is located at [www.cockleislandboatclub.com/noticeboard](http://www.cockleislandboatclub.com/noticeboard). and on WhatsApp.

### 4. COMMUNICATION

Communication between the Race Committee and competitors will be by radio on Channel 77. This includes the course, the port/starboard hand, the start timings and any other necessary information. A listening watch should, therefore, be kept on Channel 77.

### 5. SCHEDULE OF RACES

The Schedule of Races will be posted on the CIBC Website at [www.cockleislandboatclub.com/progrsmme](http://www.cockleislandboatclub.com/progrsmme).

### 6. CLASS FLAG

The Class Flag for every race is Numeral Pennant 4 and all competing boats shall display a No.4 Class Flag.

### 7. COURSES

7.1 Competitors shall sail the course indicated by the Race Officer. The course is made up of one or more rounds, the configurations of which are shown in Appendix A. At the discretion of the Race Officer the round configuration (see Appendix A) may be changed as the leading boat approaches the start/finish line at the end of a round.

The courses (and Finishing Lines) for the Round the Lough, Round the Island, Glenarm and the Portpatrick Races are as set out in Appendix B. For these specific Races SI 10 will not apply.

#### 7.2 Afloat

When a race is started afloat the initial (and subsequent) round(s) to be sailed will be selected from those set out in Appendix A and will be announced (plus other RRS information) by the Race Officer by VHF on Channel 77. There may be no Flag Signals. This SI changes RRSs 26 and 'Race Signals'.

#### 7.3 Ashore

When Signals are made ashore the Flag signals will be displayed at the Battery. The round to be sailed will be indicated by one of four black and white boards displayed on the seaward side of the wall in front of the flagpole on the Battery.

There are four symbols each with a letter identifying the round to be sailed.

Round 'A'	symbol single vertical line	
Round 'B'	symbol double horizontal lines	=
Round 'C'	symbol solid black circle	○
Round 'D'	symbol capital x	X

Diagrams (not to scale) of the 4 options are shown in Appendix 'A'.

The rounds will be sailed either on a Port or Starboard hand and this will be indicated by either a Red flag for Port or a Green flag for Starboard, displayed from the flagpole.

Other flag signals may be displayed from the Battery Flagpole to provide further information to the competitors.

### 8. MARKS

Marks 1 and 4 are spherical Yellow buoys; Marks 2 and 3 are spherical Red buoys.

The Inner Limit of the Start/Finish Line is marked by a Red buoy and the Outer Limit is marked by a White buoy.

### 9. THE START

9.1 Races will normally be started afloat from the Race Officer's boat and a radio (on VHF Channel 77) will be used to relay the timings. Some Races will, however, be started from the Battery. Normally these 'Battery starts' will be identified in the Racing Schedule as posted on the CIBC website. In both cases Starting Signals will be made at 5 minute intervals. This SI changes RRS 26.

- A Warning Signal - Start minus 10 minutes
- B Preparatory Signal - Start minus 5 minutes
- C Starting Signal - Start

## 9.2 Starts Afloat

There will be a radio countdown to each of the signals shown in SI 9.1 (above) but no flags will be displayed. This changes RRS 26. In addition to the timings, the Course to be sailed, the port or starboard hand and any other necessary information will be provided by radio. Indication that the race is being finished at the start/finish line will be provided by radio on Channel 77. The use of radio does not preclude the use of flags from the Race Officer's boat. This SI amends RRS 'Race Signals'

## 9.3 Battery Starts Ashore

The option to have a Battery Start is at the sole discretion of the Race Officer and will normally only be used for the 'Special Events' that are set out in NoR 9.3.

Visual indication that the Starting Signals will be made from the Battery will be the displaying of either a Red or a Green flag from the flagpole at the Battery.

Visual indication that the race is being finished at the start/finish line will be the removal of the Red (or Green) flag from the flagpole.

## 10. **START & FINISH LINE**

10.1 A boat starts, completes a round or finishes a race when the bow of the boat crosses the Start/Finish Line, which is defined as being an imaginary line between the flagpole at the Battery and the White Outer Limit mark.

10.2 All boats shall start/finish between the Inner (Red) and Outer (White) Limit marks and go through the Start/Finish Line at the end of the first and subsequent rounds of the course.

After completing the race boats shall not re-cross the Start/Finish Line and shall clear to seaward of the Outer Limit mark.

10.3 For the Glenarm Race boats shall start across the line described in SI 10.1 but the finish line is amended to be an imaginary line between two special Yellow canister buoys on the approach to Glenarm Marina.

10.4 For the Portpatrick Race boats shall start across the line described in SI 10.1 but the finish line is amended to be an imaginary line parallel to the harbour entrance and no more than 200 metres from the wall with the boat on the harbour entry transit line. (May be modified in the light of distinctive marks being available on the day of the race.)

## 11. **PURSUIT RACE**

The Annual Pursuit Race will normally be controlled from the Battery (See SI 9.1). The current assigned handicap for each boat will be applied to calculate the start time for each competitor.

## 12. **SELF-TIMING**

12.1 The Skipper of a boat crossing the Start/Finish line at the end of each round of the Club course (and when finishing the Round the Lough, Round the Island, Glenarm and the Portpatrick Races) shall take their own time and that of the boat behind them.

After finishing, these times shall be reported to the CIBC Sailing Secretary at [sailingsecretarycibc@gmail.com](mailto:sailingsecretarycibc@gmail.com) within 6 hours and, in the case of the Round the Lough Race, Round the Islands Race and the Portpatrick Race, shall also report whether or not a spinnaker was used during the race.

Failure to comply with this SI will result in disqualification of the boat(s) concerned without a hearing. This SI amends RRS A5.1.

## 13. **TIME LIMITS**

13.1 The time limit for all races (with the exception of those noted in SIs 12.2 and 12.3, below) is 1½ hours. The Race Officer may extend the race by one hour. If no boat finishes within the extended time then the race will be abandoned.

13.2 If no boat finishes a second or subsequent round within the extended time limit the results shall be calculated using the time that the boats last crossed the start/finish line (at the end of the previous round). See SI 11.

13.3 The Round the Lough and the Round the Islands races have a fixed time limit of 5 hours.

13.4 The Glenarm and the Portpatrick Races do not have any time limit.

## 13. **HEARING REQUESTS**

A request for a Protest hearing will be submitted on the appropriate Protest Form to **a member of the Sailing Committee** as soon as possible after the finish of the race and no more than two hours later. The Protest Form is available to download from the CIBC website [www.cockleislandboatclub.com/downloads](http://www.cockleislandboatclub.com/downloads). It is also available from the Race Officer, who must be informed of the name of the person protesting and the outline facts and details of any other boats involved